

Health and Wellness Program Activities Calendar December 2025

Activities subject to change.
Contact Beneficiary Services for confirmation.
1-844-336-3331 (free of charge)
787-999-4411 TTY (audio-disabled)
Monday to Friday from 7:00 a.m. at 7:00 p.m.

Event	Date	Hour	Place	Description
With Good Nutrition You'll Feel So Much Better	12/1/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity
Hepatitis C	12/1/2025	8:30 AM	Hosp_Dr Federico Trillas Sala de Espera Carretera 3 Kn 8 Hm 3 65 Infanterria Carolina, 00979	Educational Activity
Living with anxiety	12/1/2025	8:30 AM	3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716	Educational Activity
Urgency vs. Emergency	12/1/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Urgency vs. Emergency	12/1/2025	9:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity

Event	Date	Hour	Place	Description
Depression during Pregnancy	12/1/2025	9:00 AM	7644_ Concilio de Salud Integral de Loiza en Rio Grande- Ginecología Bo Las Flores Calle Pimentel #16 Rio Grande, 00721	Educational Activity
With Good Nutrition You'll Feel So Much Better	12/1/2025	9:30 AM	7625_ Costa Este Medical Services Pediatria Centro Comercial Plaza Rial Calle 1 Canovanas Canovanas, 00729	Educational Activity
Hepatitis C	12/1/2025	9:30 AM	HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
Oral Health in Pregnant Women	12/1/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
Depression during Pregnancy	12/1/2025	9:30 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity

Event	Date	Hour	Place	Description
Urgency vs. Emergency	12/1/2025	10:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Hepatitis C	12/1/2025	10:15 AM	MMM_Multiclínica Ponce San Jorge Mall Carr 2 Ponce By Pass Ponce, 00716	Educational Activity
Urgency vs. Emergency	12/1/2025	10:15 AM	San Blas Dental Calle Jose I Quinton 21 Coamo, 00769	Educational Activity
Hepatitis C	12/1/2025	10:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Urgency vs. Emergency	12/1/2025	11:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity

Event	Date	Hour	Place	Description
Urgency vs. Emergency	12/1/2025	1:00 PM	GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769	Educational Activity
Take Control of your Depression	12/2/2025	8:15 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Urgency vs. Emergency	12/2/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity
Hyperthension	12/2/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Living with anxiety	12/2/2025	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity

Event	Date	Hour	Place	Description
Healthy Weight - Not a Diet, It's a Lifestyle	12/2/2025	8:30 AM	8827_De Medicos Primarios Corp Calle Betances 14 Santa Isabel, 00757	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/2/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
What is Diabetes?	12/2/2025	9:00 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity
Depression	12/2/2025	9:00 AM	4307_Centro de Medicina Primaria de Vega Alta Calle Luis Muñoz Rivera Vega Alta, 00692	Educational Activity
Depression during Pregnancy	12/2/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity

Event	Date	Hour	Place	Description
Your Healthy Plate with a Taste of Christmas	12/2/2025	9:00 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Keep Healthy in 7 Steps	12/2/2025	9:30 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity
Hyperthension	12/2/2025	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Nutrition in Pregnancy	12/2/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cidra Calle Francisco Cruz Ahddock 5 Urb Fernandez Cidra, 00739	Educational Activity
Breastfeeding	12/2/2025	9:30 AM	8810_Centro de Servicios Primarios de Salud, Patillas- Área de Obstetricia y Ginecología 99 Calle Guillermo Riefkol Patillas, 00723	Educational Activity

Event	Date	Hour	Place	Description
Newborn care	12/2/2025	9:30 AM	0008_Aco Del Norte LLC-Dr Jorge Otero Quintana Edif Dr Pedro Blanco Lugo Suite 305 Manati, 00674	Educational Activity
Healthy Snacks	12/2/2025	9:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Urgency vs. Emergency	12/2/2025	9:40 AM	7625_Costa Este Medical Services Pediatria Centro Comercial Plaza Rial Calle 1 Canovanas Canovanas, 00729	Educational Activity
Take Control of your Depression	12/2/2025	9:45 AM	MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/2/2025	9:45 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity

Event	Date	Hour	Place	Description
Depression	12/2/2025	10:00 AM	URG_Centro Medicina Primaria Luis Munoz Rivera #3 Vega Alta, 00692	Educational Activity
Hyperthension	12/2/2025	10:30 AM	GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769	Educational Activity
Hepatitis C	12/2/2025	10:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/2/2025	10:30 AM	San Blas Dental Calle Jose I Quinton 21 Coamo, 00769	Educational Activity
Food and Water Safety	12/2/2025	10:45 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity

Event	Date	Hour	Place	Description
Take Control of your Depression	12/2/2025	11:15 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Prevention of Unintentional Injuries	12/3/2025	8:15 AM	7629_Family Medicine Group- Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Flu	12/3/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Urgency vs. Emergency	12/3/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/3/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Caguas Consolidate Mall, Anexo B, 202 Av. Gautier Benítez #5 Caguas, 00725	Educational Activity

Event	Date	Hour	Place	Description
Hepatitis C	12/3/2025	8:50 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
What is Diabetes?	12/3/2025	9:00 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Managing Emotions	12/3/2025	9:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Oral Health in Pregnant Women	12/3/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Prevention of Respiratory Diseases in Infants	12/3/2025	9:30 AM	OBGYN_Dr Edward Gomez Torres Guayama Edif Dr Moro Calle Enrique Gonzalez Esq Calle Calimano Martinez Guayama, 00784	Educational Activity

Event	Date	Hour	Place	Description
Urgency vs. Emergency	12/3/2025	9:31 AM	MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Bullying	12/3/2025	10:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Flu	12/3/2025	10:00 AM	MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784	Educational Activity
Hepatitis C	12/3/2025	10:00 AM	7625_Costa Este Medical Services Corp Canovanas Plaza Rial Calle 1 Canovanas, 00729	Educational Activity
Urgency vs. Emergency	12/3/2025	10:15 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity

Event	Date	Hour	Place	Description
Managing Emotions	12/3/2025	11:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Flu	12/3/2025	11:15 AM	8809_Southern Health Care Group Inc Guayama Calle 3 80 Sur Southern Medical Plaza Guayama, 00784	Educational Activity
Urgency vs. Emergency	12/4/2025	8:30 AM	7611_Medicos Aliados del Noreste-Dr Jose Peña Figueroa Centro Clinico del Yunque Calle 4 K 2 Villas del Rio Grande Rio Grande, 00721	Educational Activity
Hepatitis C	12/4/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildfonso Coamo, 00769	Educational Activity
Nutrition in Pregnancy	12/4/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity

Event	Date	Hour	Place	Description
Managing Emotions	12/4/2025	9:00 AM	4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Marginal Santa Cruz C 17 Bayamon, 00956	Educational Activity
Urgency vs. Emergency	12/4/2025	9:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity
Nutrition in Pregnancy	12/4/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Managing Emotions	12/4/2025	10:00 AM	4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Marginal Santa Cruz C 17 Bayamon, 00956	Educational Activity
Living with anxiety	12/4/2025	10:30 AM	GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769	Educational Activity

Event	Date	Hour	Place	Description
Hyperthension	12/5/2025	8:00 AM	7625_Costa Este Medical Services Carolina Avenida Sánchez Osorio GL 25 Avenida Campo Rico Carolina, 00979	Educational Activity
What is Diabetes?	12/5/2025	8:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Hyperthension	12/5/2025	9:30 AM	Hospital_Dr. Federico Trilla-Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
What is Diabetes?	12/5/2025	9:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Hyperthension	12/5/2025	10:05 AM	HOSP_Dr Federico Trilla Cardiología Carretera 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
What is Diabetes?	12/5/2025	10:30 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/8/2025	8:00 AM	7625_Costa Este Medical Services Carolina Avenida Sánchez Osorio GL 25 Avenida Campo Rico Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/8/2025	8:30 AM	7620_Neomed Center Inc Gurabo Clinic Carr 189 Parque Industrial Lote #4, Bo Rincon Gurabo, 00778	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/8/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Living with anxiety	12/8/2025	8:45 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity

Event	Date	Hour	Place	Description
Food and Water Safety	12/8/2025	9:15 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/8/2025	9:30 AM	Hospital_Dr. Federico Trilla- Oftalmología Carretera 3 KM 8 hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
Oral Health in Pregnant Women	12/8/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/8/2025	9:50 AM	7620_Neomed Center Inc Gurabo Carr 941 Salida Bo Jaguas Calle San Antonio Final Gurabo, 00778	Educational Activity
Nutrition in Pregnancy	12/8/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity

Event	Date	Hour	Place	Description
Healthy Weight - Not a Diet, It's a Lifestyle	12/8/2025	10:05 AM	HOSP_Dr Federico Trillas Dermatologia Carr 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/8/2025	10:15 AM	GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769	Educational Activity
Hepatitis C	12/8/2025	10:30 AM	MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/8/2025	10:35 AM	HOSP_Dr Federico Trillas Urologia Carretera 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity
Keep Healthy in 7 Steps	12/9/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Rio Grande Las Flores Industrial Park Carr 3 Km 23 Hm9 Rio Grande, 00721	Educational Activity

Event	Date	Hour	Place	Description
Living with anxiety	12/9/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity
Take Control of your Depression	12/9/2025	8:30 AM	8803_Corporacion Medica Juana Diaz Inc Calle Comercio 16 Juana Diaz, 00795	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/9/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/9/2025	8:45 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Hyperthension	12/9/2025	9:00 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Asthma	12/9/2025	9:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Know what asthma is and take control	12/9/2025	9:00 AM	7629_Family Medicine Group- Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/9/2025	9:00 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Importance of Preventive Dental Exam	12/9/2025	9:30 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity
Depression during Pregnancy	12/9/2025	9:30 AM	OBGYN_Judibelle Rivera 33 Calle Baldorioty Coamo, 00769	Educational Activity

Event	Date	Hour	Place	Description
Healthy Snacks	12/9/2025	9:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/9/2025	10:15 AM	MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784	Educational Activity
Take Control of your Depression	12/9/2025	10:15 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Hepatitis C	12/9/2025	10:30 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/9/2025	10:30 AM	GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769	Educational Activity

Event	Date	Hour	Place	Description
Flu	12/9/2025	11:00 AM	7629_Family Medicine Group-Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/9/2025	11:00 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
What is Diabetes?	12/9/2025	11:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Prevention of Unintentional Injuries	12/10/2025	8:15 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Congestive Heart Failure (CHF)	12/10/2025	8:50 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Hyperthension	12/10/2025	9:00 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Flu	12/10/2025	9:00 AM	MH_Clinica Multidisciplinaria INSPIRA Yauco Calle Comercio 55 Yauco, 00698	Educational Activity
Depression during Pregnancy	12/10/2025	9:00 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/10/2025	9:00 AM	7620_Neomed Center Inc Urb Lago Alto Calle Carite 130 Trujillo Alto, 00976	Educational Activity
Importance of Preventive Dental Exam	12/10/2025	9:30 AM	MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Oral Health in Pregnant Women	12/10/2025	9:30 AM	HOSP_Dr Federico Trillas Sala de Espera Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Hepatitis C	12/10/2025	10:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Newborn care	12/10/2025	10:00 AM	OBGYN_Mogic Manati MMC Professional Building Plaza Suite 206 207 Manati, 00674	Educational Activity
Flu	12/10/2025	10:15 AM	3403_RED DE MEDICOS ASOC DEL SUR-Dr. Raúl Acosta Figueroa Calle Santiago Vivaldi #20 Yauco, 00698	Educational Activity
Newborn care	12/10/2025	11:00 AM	0008_Aco Del Norte LCC-Dr Luis Mateo Paseo Atenas Manati, 00674	Educational Activity

Event	Date	Hour	Place	Description
Oral Health	12/10/2025	11:30 AM	MMM_Multiclínica San Juan 425 Ave NG Luis Muñoz Rivera San Juan, 00902	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/11/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Caguas Consolidate Mall, Anexo B, 202 Av. Gautier Benítez #5 Caguas, 00725	Educational Activity
Know what asthma is and take control	12/11/2025	8:30 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/11/2025	8:30 AM	8809_Southern Health Care Group Inc Salinas Calle Monserrate Num 30 Salinas, 00751	Educational Activity
Asthma	12/11/2025	9:00 AM	7629_Family Medicine Group-Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Know what asthma is and take control	12/11/2025	9:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/11/2025	9:45 AM	MH_Clinica Multidisciplinaria INSPIRA Guayama Calle Marginal 706 Locales 221 222 223 Guayama, 00784	Educational Activity
Gastroenteritis	12/11/2025	10:15 AM	7620_Neomed Center San Lorenzo Calle Condado #11 Detrás del Centro Gubernamental San Lorenzo, 00754	Educational Activity
Know what asthma is and take control	12/11/2025	10:30 AM	3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716	Educational Activity
Hyperthension	12/11/2025	11:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Flu	12/11/2025	11:00 AM	7629_Family Medicine Group-Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/11/2025	11:00 AM	MMM_Multiclínica Guayama Calle Santiago Palmer 1 Esquina Calle Vicente Palés Matos Guayama, 00784	Educational Activity
Medication Adherence	12/11/2025	1:00 PM	MH_Clínica Multidisciplinaria Inspira Sala 2 Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Know what asthma is and take control	12/11/2025	1:00 PM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/15/2025	8:30 AM	MH_Cima Menonita Aibonito Calle Sargento Gerardo Santiago Num 15 Int Carr 14 Aibonito, 00705	Educational Activity

Event	Date	Hour	Place	Description
Nutrition in Pregnancy	12/15/2025	9:30 AM	OBGYN_Judibelle Rivera 33 Calle Baldorioty Coamo, 00769	Educational Activity
Depression during Pregnancy	12/15/2025	10:00 AM	Oficina_Dra Marisol Maldonado Hospital Ryder Font Martelo 355 Humacao, 00791	Educational Activity
Healthy Weight - Not a Diet, It's a Lifestyle	12/15/2025	10:30 AM	MMM_Multiclínica Aibonito PRIDCO Industrial Park 53 Calle Felix Ríos #71 Aibonito, 00705	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/16/2025	8:30 AM	4318_Metro Salud Grupo Profesional Centro Servicios Médicos Levittown Pediatría Calle Lizzie Graham HS 16 Esq Avenida Sabana Seca Toa Baja, 00949	Educational Activity
Gastroenteritis	12/16/2025	8:30 AM	7620_Neomed Center Inc Gurabo Carr 941 Salida Bo Jaguas Calle San Antonio Final Gurabo, 00778	Educational Activity

Event	Date	Hour	Place	Description
Flu	12/16/2025	8:30 AM	MH_Clinica Multidisciplinaria INSPIRA Coamo Plaza Shopping Center Carr 150 Km 0 Hm 7 Bo Ildefonso Coamo, 00769	Educational Activity
Prevention of Respiratory Diseases in Infants	12/16/2025	9:00 AM	7623_Physician Hmo Inc Carolina Shopping Court Suite 201 Carolina, 00979	Educational Activity
Hyperthension	12/16/2025	9:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Breastfeeding	12/16/2025	9:00 AM	OBGYN_Dr Jose Martinez Campos 5 Hostos Juana Diaz, 00795	Educational Activity
Know what asthma is and take control	12/16/2025	9:00 AM	7629_Family Medicine Group- Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
New Nutritional Label	12/16/2025	9:00 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/16/2025	9:15 AM	4318_Metro Salud Grupo Profesional Centro Servicios Médicos Levittown Area 3 Generalistas Calle Lizzie Graham HS 16 Esq Avenida Sabana Seca Toa Baja, 00949	Educational Activity
Importance of Prenatal Care	12/16/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cidra Calle Francisco Cruz Ahddock 5 Urb Fernandez Cidra, 00739	Educational Activity
Healthy Snacks	12/16/2025	9:30 AM	7636_Instituto Medico Familiar Carolina Calle Ignacio Arzuaga 105 Esquina San Rafael Carolina, 00979	Educational Activity
Newborn care	12/16/2025	10:00 AM	1101_Centro Medicos Unidos del Oeste-Dra Mabel Bonilla Rodriguez Bo Guanabano Suite 307 Edif Center Plex Carr 2 Km 133 Hm 5 Aguada, 00602	Educational Activity

Event	Date	Hour	Place	Description
Your Healthy Plate with a Taste of Christmas	12/16/2025	10:15 AM	4318_Metro Salud Grupo Profesional Centro Servicios Médicos Levittown Area 1 Gerentologia Calle Lizzie Graham HS 16 Esq Avenida Sabana Seca Toa Baja, 00949	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/16/2025	10:15 AM	7620_Neomed Center Inc Juncos Carr 31 Suite 9 Juncos, 00777	Educational Activity
Flu	12/16/2025	10:30 AM	GOV_Departamento de la Familia Coamo PR 150 Coamo, 00769	Educational Activity
Flu	12/16/2025	11:00 AM	7629_Family Medicine Group-Centro Pediátrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
What is Diabetes?	12/16/2025	11:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Your Healthy Plate with a Taste of Christmas	12/16/2025	11:15 AM	4318_Metro Salud Grupo Profesionalm Centro Servicios Médicos Levittown Calle Lizzie Graham HS 16 Esq Ave Sabana Seca Toa Baja, 00949	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/16/2025	11:30 AM	7601_Grupo Medico San Gerardo DVA LBA Medical Services Inc Trujillo Alto Ave Muñoz Rivera 28 Trujillo Alto, 00976	Educational Activity
Hepatitis C	12/17/2025	8:15 AM	HOSP_Dr Federico Trillas Ortopedia Carretera 3 Km 8 Hm 3 Ave 65 Infanterria Carolina, 00979	Educational Activity
Prevention of Respiratory Diseases in Infants	12/17/2025	9:00 AM	MH_Clinica Multidisciplinaria INSPIRA Carolina Carolina Business Center 23 Carr 848 Esq 847 Carolina, 00979	Educational Activity
Congestive Heart Failure (CHF)	12/17/2025	9:00 AM	HOSP_Dr Federico Trilla Cardiología Carretera 3 Km 8 Hm 3 Ave 65 Infanteria Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Birth Attendance Law	12/17/2025	10:00 AM	OBGYN_Dr Sara Montalvo Medina Carr 14 Plaza Las Monjitas Ponce, 00716	Educational Activity
Depression during Pregnancy	12/18/2025	8:30 AM	8820_Centro Salud San Cristobal Villalba- Ginecología 40 Calle Muñoz Rivera Villalba, 00766	Educational Activity
Gastroenteritis	12/18/2025	8:45 AM	3406_Policlinicas Medicas Asociadas El Monte Town Center El Monte Town Center Carr 14 Suite 115 Ponce, 00716	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/18/2025	9:00 AM	4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Marginal Santa Cruz C 17 Bayamon, 00956	Educational Activity
Flu	12/18/2025	9:00 AM	7629_Family Medicine Group- Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Depression during Pregnancy	12/18/2025	9:00 AM	7644_Concilio de Salud Integral de Loiza- Ginecología Carr 188 Int 187 Loiza, 00772	Educational Activity
Nutrition in Pregnancy	12/18/2025	9:00 AM	8831_Salud Integral en la Montaña Inc Orocovis Ginecologia Ave Luis Muñoz Marin Sector El Desvio Carr 155 (b) Orocovis, 00720	Educational Activity
What is Diabetes?	12/18/2025	9:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Importance of Prenatal Care	12/18/2025	9:30 AM	OBGYN_Advance OBGYN PSC Cayey Torre Medica Menonita Suite 310 Cayey, 00736	Educational Activity
Newborn care	12/18/2025	9:30 AM	OBGYN_Mogic Hatillo Edif Atlantic View Carr 2 Marginal Bo Carrizales 462 Suite 1 Hatillo, 00659	Educational Activity

Event	Date	Hour	Place	Description
Your Healthy Plate with a Taste of Christmas	12/18/2025	10:00 AM	4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Marginal Santa Cruz C 17 Bayamon, 00956	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/18/2025	10:20 AM	3406_Policlinicas Medicas Asociadas Las Americas Boulevard Luis A Ferre Suite 101 Plazoleta Las Americas Ponce, 00716	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/18/2025	11:00 AM	4309_Anchor Health Management Corp-Dr Eduardo Gonzalez Pediatría Marginal Santa Cruz C 17 Bayamon, 00956	Educational Activity
Medication Adherence	12/18/2025	11:00 AM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Know what asthma is and take control	12/18/2025	11:00 AM	7629_Family Medicine Group-Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity

Event	Date	Hour	Place	Description
Medication Adherence	12/18/2025	1:00 PM	7629_Family Medicine Group-Centro Pediatrico Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Know what asthma is and take control	12/18/2025	1:00 PM	7629_Family Medicine Group Ave. Roberto Clemente Blq. 124 8 Villa Carolina Carolina, 00979	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/22/2025	9:00 AM	4307_Centro de Medicina Primaria de Vega Alta Calle Luis Muñoz Rivera Vega Alta, 00692	Educational Activity
Oral Health in Pregnant Women	12/22/2025	9:30 AM	OBGYN_Clinicas MIC Recinto Ciencias Medicas San Juan, 00902	Educational Activity
Your Healthy Plate with a Taste of Christmas	12/22/2025	10:00 AM	4307_Centro de Medicina Primaria de Vega Alta Pediatría Calle Luis Muñoz Rivera Vega Alta, 00692	Educational Activity

Event	Date	Hour	Place	Description
Your Healthy Plate with a Taste of Christmas	12/22/2025	11:00 AM	URG_Centro Medicina Primaria Luis Munoz Rivera #3 Vega Alta, 00692	Educational Activity